LESSON 45

Doubting Thomas

Found in the Book of John 20:19 to 29



My Bible Workbook

This workbook belongs to: _____

The Story of Thomas Who Believed



On the evening of the day Jesus rose, the disciples were together behind locked doors, because they were afraid. Suddenly, Jesus came and stood among them! “Peace be with you!” He said. He showed them His hands and His side, and the disciples were overjoyed to see the Lord.

But Thomas, one of the twelve, was not with them that evening. When the others told him, “We have seen the Lord!”, Thomas said, “Unless I see the marks in His hands and put my finger where the nails were, I will not believe.”

A week later, the disciples were in the house again, and Thomas was with them. The doors were locked, but Jesus came and stood among them. “Peace be with you!” He said. Then He said to Thomas, “Put your finger here; see My hands. Stop doubting and believe.”

Thomas said to Him, “My Lord and my God!” Then Jesus told him, “Because you have seen Me, you have believed. Blessed are those who have not seen Me and yet have believed.”

3 Things to Remember

- ★ The risen Jesus came to His disciples and said, “Peace be with you!”
- ★ Thomas would not believe until he saw Jesus with his own eyes.
- ★ Jesus said, “Blessed are those who have not seen and yet have believed.”

Learn the Memory Verse

"Because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed."

- John 20:29

Say the verse out loud 3 times. Colour a star each time! 

Fill in the Missing Words

Because thou hast _____(1) me, thou hast _____(2): _____(3) are they that have not seen, and _____(4) have believed.

WORD BANK

seen - yet - believed - blessed

Practise writing these verse words:

seen	believed	blessed

Unscramble Fun!

Unscramble the letters to make a story word. The clue will help you!

T M O H A S	But _____, one of the twelve, was not with them that evening. _____
C A E E P	"_____ be with you!" He said. _____
O D S R O	The _____ were locked, but Jesus came and stood among them. _____
L D E K C O	The doors were _____, but Jesus came and stood among them. _____
L E I E E B V	Stop doubting and _____." _____
N A H S D	He showed them His _____ and His side, and the disciples were overjoyed to see the Lord. _____

Put the Verse Words in Order

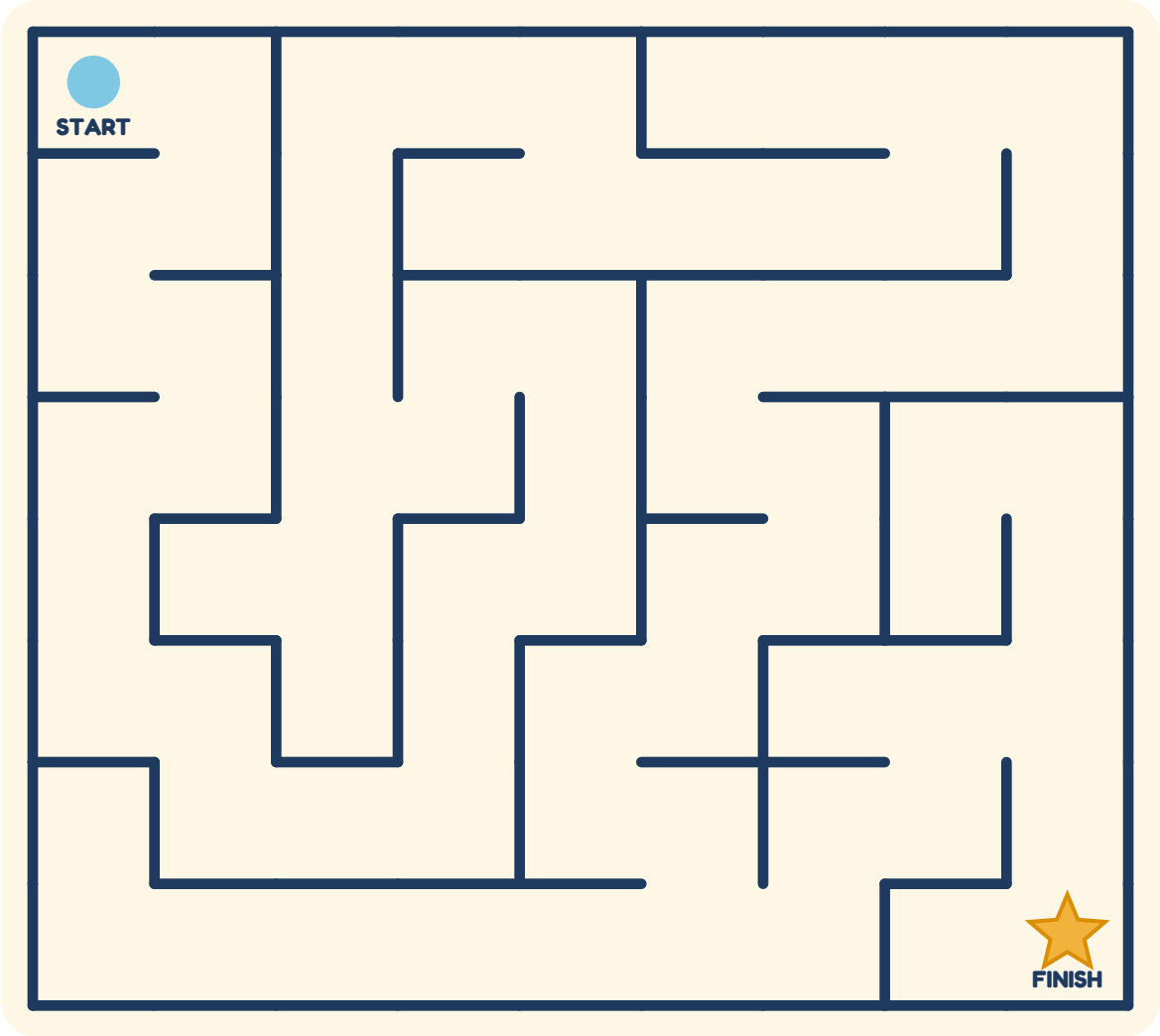
These words are mixed up! Write them in the right order from John 20:29.

seen | that | they | are | have | not

1	2	3	4	5	6

Jesus Comes to Thomas

The disciples were in a room with locked doors.
Draw a line from START to the shining star to find Jesus there!



Thomas saw Jesus and said, My Lord and my God!

Story Word Search

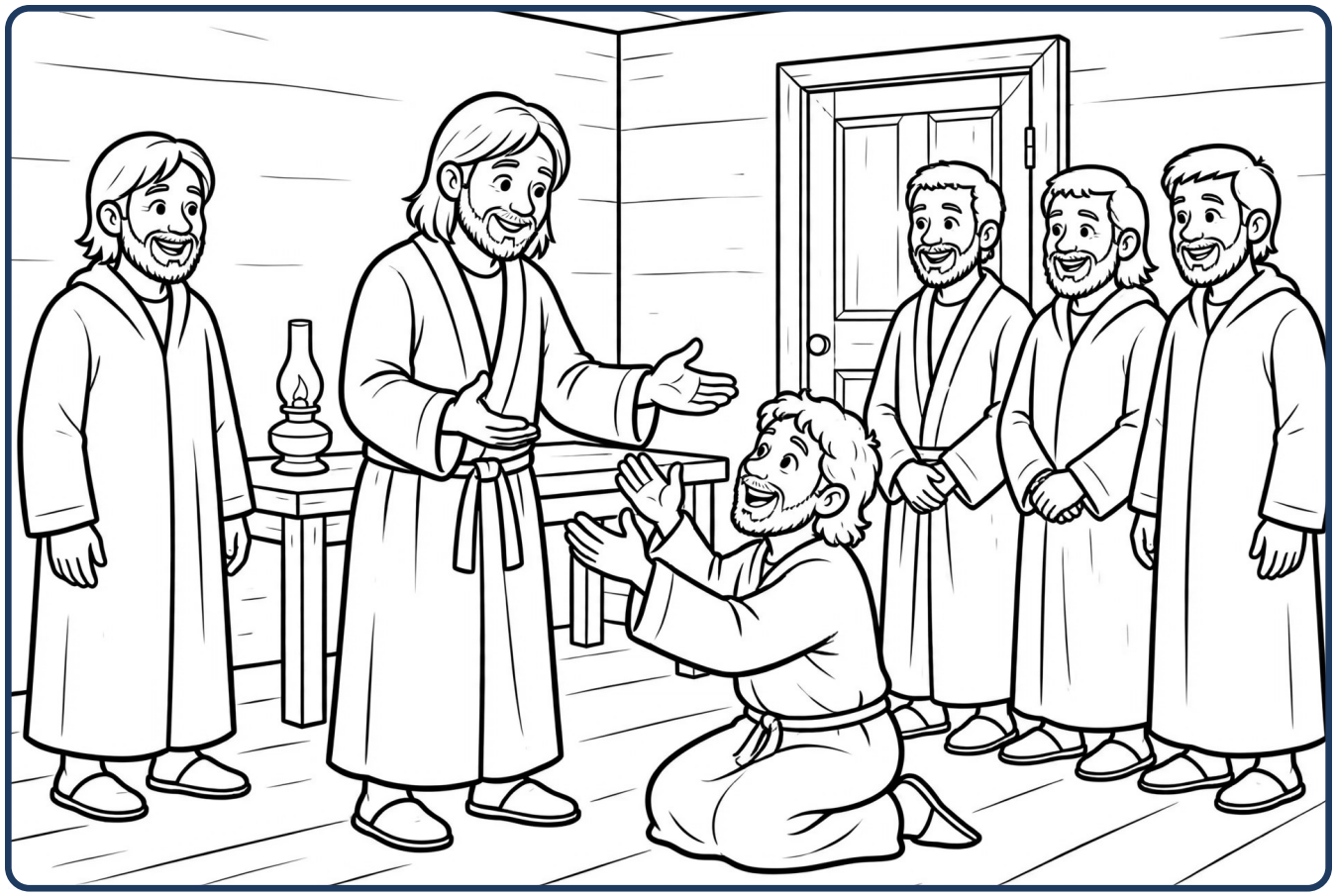
Find the 8 story words hidden in the letters.
Words go across or down. Circle each word you find!

B	L	L	U	T	H	O	M	A	S
E	B	O	I	P	F	U	H	D	R
L	P	C	S	K	L	P	A	O	A
I	H	K	S	Y	Y	M	I	O	R
E	V	E	L	O	R	D	T	R	G
V	Y	D	H	Y	H	G	O	S	D
E	S	B	A	G	P	E	A	C	E
V	E	D	N	S	H	I	F	A	I
K	E	C	D	S	T	C	L	W	A
L	N	I	S	L	W	R	D	M	U

Words to find:

- ☐ Thomas
- ☐ Peace
- ☐ Doors
- ☐ Locked
- ☐ Hands
- ☐ Believe
- ☐ Seen
- ☐ Lord

Colour the Story!



Jesus stood among them and said, Peace be with you!

(John 20:19)

Colour the picture from the story.

What colour will you make the door of the room?

Draw and Write

Draw Jesus with Thomas

Draw Jesus standing with Thomas and His friends.



One thing I learned:

My favourite part of the story was:

Quiz Time!

What do you remember? Colour the circle beside the right answer.

1. Why were the disciples behind locked doors?

- ◯ They were afraid
- ◯ They were sleeping
- ◯ They were hiding a gift

2. What did Thomas say he needed before he would believe?

- ◯ A letter from Jesus
- ◯ To see Jesus with his own eyes
- ◯ A sign in the sky

3. What did Jesus say when He came to His disciples?

- ◯ Good morning, friends
- ◯ It is time to sleep
- ◯ Peace be with you!

4. What did Thomas say when he saw Jesus?

- ◯ My Lord and my God!
- ◯ I am afraid
- ◯ Who are You?

Let's Pray Together

Dear Jesus, thank You that You came to Your friends and said, Peace be with you. Help me to believe in You even though I cannot see You. Thank You for blessing those who believe. In Jesus' name, Amen.

Answer Key

For parents and teachers - peek only after your child has tried!

Memory Verse - Fill in the Missing Words (page 3)

1. seen 2. believed 3. blessed 4. yet

Full verse: "Because thou hast seen me, thou hast believed: blessed are they that have not seen, and yet have believed." - John 20:29

Unscramble Fun! (page 4)

TMOHAS = THOMAS CAEEP = PEACE ODSRO = DOORS

LDEKCO = LOCKED LEIEEBV = BELIEVE NAHSD = HANDS

Verse words in order: are - they - that - have - not - seen

Quiz Time! (page 9)

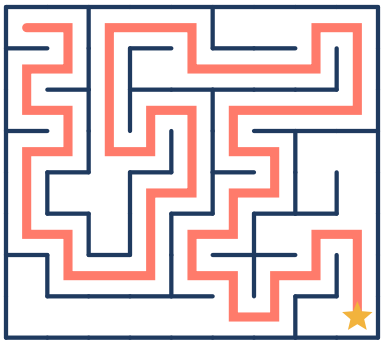
1. They were afraid 2. To see Jesus with his own eyes

3. Peace be with you! 4. My Lord and my God!

Word Search Answers (page 6)

B	L	L	U	T	H	O	M	A	S
E	B	O	I	P	F	U	H	D	R
L	P	C	S	K	L	P	A	O	A
I	H	K	S	Y	Y	M	I	O	R
E	V	E	L	O	R	D	T	R	G
V	Y	D	H	Y	H	G	O	S	D
E	S	B	A	G	P	E	A	C	E
V	E	D	N	S	H	I	F	A	I
K	E	C	D	S	T	C	L	W	A
L	N	I	S	L	W	R	D	M	U

Maze Answer (page 5)



Well done for finishing Lesson 45! Next: Lesson 46 - Jesus Restores Peter.